

**PROCEEDINGS OF THE COMMISSIONER OF SCHOOL EDUCATION
ANDHRA PRADESH : HYDERABAD**
Present:K.SANDHYA RANI, I.Po.S

Rc.No.518/PS-I/2016

Date:12-04-2016

Sub: School Education – Physical Literacy & Sports – Developing Physical Literacy education across all schools in Andhra Pradesh – Master and Divisional-level Training to the Teachers – Instructions issued – Regarding.

All the Regional Joint Directors and the District Educational Officers in the State are informed that Government of Andhra Pradesh is in the process of developing a Physical Literacy Policy and Implementation Plan.

Generally in India, and particularly in Andhra Pradesh, while the literacy levels are going up, statistics present a different picture altogether with regard to the physical fitness levels of citizens at large. The reason for prevalence of unhealthy situation in society is lack of physical literacy in the society. Absence/lack of physical literacy impacts growth, development, productivity and life expectancy of citizens.

“Physical literacy can be described as the motivation, confidence, physical competence, knowledge and understanding to value and take responsibility for engagement in physical activities for life.” (Whitehead, 2016), who coined the word.

To enhance awareness on Physical Literacy and related activities in Andhra Pradesh State, a symposium on Physical Literacy was held from March 12th – 19th at Nagarjuna University, Guntur. Experts in Physical Literacy, Dr. Richard Way, CEO – Canadian Sport4Life and eminent sports personalities participated. During the valedictory of the program, Hon’ble Chief Minister **Sri N. Chandra Babu Naidu** directed that a Cabinet Sub Committee may be set up for developing the Physical Literacy Policy and Implementation Plan for the State of Andhra Pradesh. Government is in the process of setting up the Cabinet Sub Committee and finalizing the Physical Literacy policy.

Meanwhile it is envisaged that Physical Literacy must be made part of the curricular activity in all the schools in the state. Accordingly, a Physical Literacy Implementation Plan is also under preparation. As part of this it is expected that:

- Physical Literacy must be made a curricular activity from Class-I to class-X in all schools including private aided and un-aided schools.
- Education and training of all stakeholders on Physical Literacy
- Standard curriculum to define and deliver class and age specific curriculum (including lesson plans, assessments, activity details)
- Assessment of the Standard age-specific and reporting framework/ tools for Physical Literacy
- To assess and monitor the physical health of each and every student Enablement technology (devices and apps) for recording and analysis of data
- Making Physical Literacy compulsory and treating on par with other subjects

- To ensure appropriate opportunities and create a proper roadmap through Long Term Athlete Development Program for children progressing well in sports in high schools and colleges.

Since school is the place where it is guaranteed that all young people will work with qualified practitioners (Physical Education Teachers), it is proposed to initiate the policy from school level. The plan of action begins with various training programmes to the Physical Education and other Teachers at various levels in the state covering all 60,462 Schools as per UDISE 2015-16. A **Master Training programme** to be delivered by experienced/expert trainers, including Canadian Sport4Life under guidance of International Physical Literacy Association is proposed to be held from April 25th to 2nd May, 2016 at State Level. It is expected that about 300 - 600 PET/SA (PE)s from Government and Private Schools from across the State will be identified and trained as Master Trainers.

These Master Trainers of Physical Literacy, in turn will need to train on an average 200 to 300 PETs/Nodal Teachers covering each and every school in their respective Education Division. The Divisional-level training programs are scheduled to be held from 7th May to 7th June 2016 in each and every Educational Division.

The DEOs in the State are hereby instructed to coordinate with all concerned, covering all managements of Schools (Residential Schools of Education, Social Welfare, Tribal Welfare, Private Aided and Unaided Schools, etc.) and identify about 50 potential Master Trainers in each of their district including the PETs, selected for the symposium held at Nagarjuna University, Guntur during 12th - 19th March. The training programmes so proposed are tentative and, thus, final schedule will be informed in due course.

The criteria to be adopted for selection of PETs/SA (PE)s for Master training course is:

- PET/SA(PE) already participated in the programme held from 12th to 19th March 2016 at Nagarjuna University.
- Trained Physical Education Teacher
- Teachers who are physically active and willing to promote Physical Literacy actively in the district.
- Teachers who possess higher qualifications in Physical Education.
- Teacher who participated in State/National/International games/sports.

1. When there is a tie in first two methods of selection, the selection should be based on the remaining points.
2. Five to Six Physical Education Teachers (PETs/SA) or active Teachers shall be chosen from Each Educational Division of Andhra Pradesh.
3. Such teachers must be willing to train the other teachers after being trained by the Expert Team in the Master Training Program.
4. There must be at least one women teacher from each division.

At the **Divisional-Level Training** the following audience is to participate:

1. Every Physical Education Teacher (PET/SA) of every High School
2. One teacher must participate from every school. In instances where there are more than one school in the same compound, one teacher must be chosen from each school.
3. Where the Primary sections are attached to High School sections in such cases in addition to the Physical Education Teacher from High School, one teacher from the Primary School should also be chosen.
4. In Primary and Upper Primary Schools one willing SGT must be chosen.
5. If there is no Physical Education Teacher in the School, the teacher, who is popular amongst students, active and willing to promote Physical Literacy actively for the students, should be selected.
6. All schools under all managements shall need to take part in this training programme.
7. The Outsourced/ Contracted Physical education Teachers working KGBVs.
8. The Private un-aided schools have to send the Physical Education Teacher as specified above at their own cost.

In view of the above circumstances all the Regional Joint Directors of School Education and the District Educational Officers in the state are requested to:

1. Select 12 Physical Education Teachers from each Educational Division for Master Training Program duly following the criteria within three days and make the list available to the CSE without fail.
2. Identify the venues/places in each Educational Division that can be used for organizing 3-4 days divisional-level Non-Residential Physical Literacy training programmes. Such a venue should have requisite facilities such as good play ground, transportation, drinking water etc. Detailed instructions in this regards will be issued separately.
3. Issue instructions to all the private un-aided school managements and Private aided schools managements (where available) to send the Physical Education Teachers of their schools to Divisional Level training on their own cost.
4. It is mandatory for every school to send the Physical Education Teacher or SGT, as the case may be, to this training programme.

The RJDSEs and DEOs are further instructed to ensure that Strong participation is ensured in the Physical Literacy Master Trainer Program and in the Divisional Level Training Programmes. Please ensure that required logistical support is provided to the trainees.

This must be given **top priority**.

K.SANDHYA RAMI,
COMMISSIONER OF SCHOOL EDUCATION

To

All the RJDSEs in the State.

All the DEOs in the State.

- Copy to the Principal Secretary to Government, School Education Department for information and necessary action.
- Copy to Special Chief Secretary, Sports & Youth Affairs
- Copy to MD, SAAP
- Copy to the State Project Director, RVM with a request to issue instructions to depute identified teacher for training.
- Copy to PS to MHRD
- Copy to CMO.

Copy to the APREI Society.

Copy to the APTWREI Society.

Copy to the Director. RMSA.

The Director Model Schools

To issue instructions all concerned to depute the identified teachers for trainings

// t.c.f.b.o //

(Signature)
SUPERINTENDENT

Asw
16/4/16