



GOVERNMENT OF ANDHRA PRADESH
SCHOOL EDUCATION

From
K.Sandhya Rani
Commissioner, School Education
Andhra Pradesh State
Hyderabad.

To
The District Collectors,
in the State

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Lr. No.285/MDM-2/2015. Dated:31/10/2015

Sub:- SE Dept.MDM Scheme - Providing of breakfast/snaks under
Mid Day Meal Scheme - Fortified millet based biscuits as
breakfast- Proposal- Submitted- Reg.

I wish to inform that Mid Day Meal scheme is being implemented in AP
state covering 3991329 No. of students from I-X Class within Annual Budget of
2015-16 Rs. 205.43 Crores. In consultation with experts of National Institute Of
Nutrition (NIN) and Home Science College, Agricultural University, the MDM
menu is prescribed for the schools. Accordingly the tems are being cooked and
served the school point.

MDM
Pl. Late
In MDM
9/11/15
9/11/15

BS

At present, the MDM menu and food norms for Primary, Pre Primary
and High Schools is indicated below:

Food Norms:

S.no.	Items	Quantity per day per child	
		Primary	Upper Primary/ High School/NCLP
01	Food Grains	100 grms	150 grms
02	Pulses	20 grms	30 grms
03	Vegetables (Leafy also)	50 grms	75 grms
04	Oil & Fat	5 grms	7.5 grms
05	Double Fortified salt & iodized salt & Condiments	As per need	As per need

MENU:

S.no.	Week	Menu
01	Monday	Sambar
02	Tuesday	Vegetables
03	Wednesday	Dal & Vegetables
04	Thursday	Sambar
05	Friday	Vegetables
06	Saturday	Dal & Vegetables
07	EGG / Banana	Twice a week

National Institute of Nutrition (NIN) after an evaluation study has advised that millet based items may be included in the MDM menu. Hon'ble Chief Minister and Hon'ble Minister HRD have also directed that the nutrition value of MDM being served in the schools may be enhanced by including millet based items of food in the existing MDM menu. Some of the suggested millet based items of food are Ragi Sankati, Broken Wheet Dhalia, preparations made one of Jowar and Maize, millet based biscuits, etc.

You are requested to offer your comments and suggestions for including which of the millet based food items with regard to your district.

Kindly submit your suggestion by 07.11.2015. So that further necessary action can be taken at this end.

K.SANDHYA RANI

Sandhya Rani
3.11.15

Commissioner of School Education

copy to sec SE.